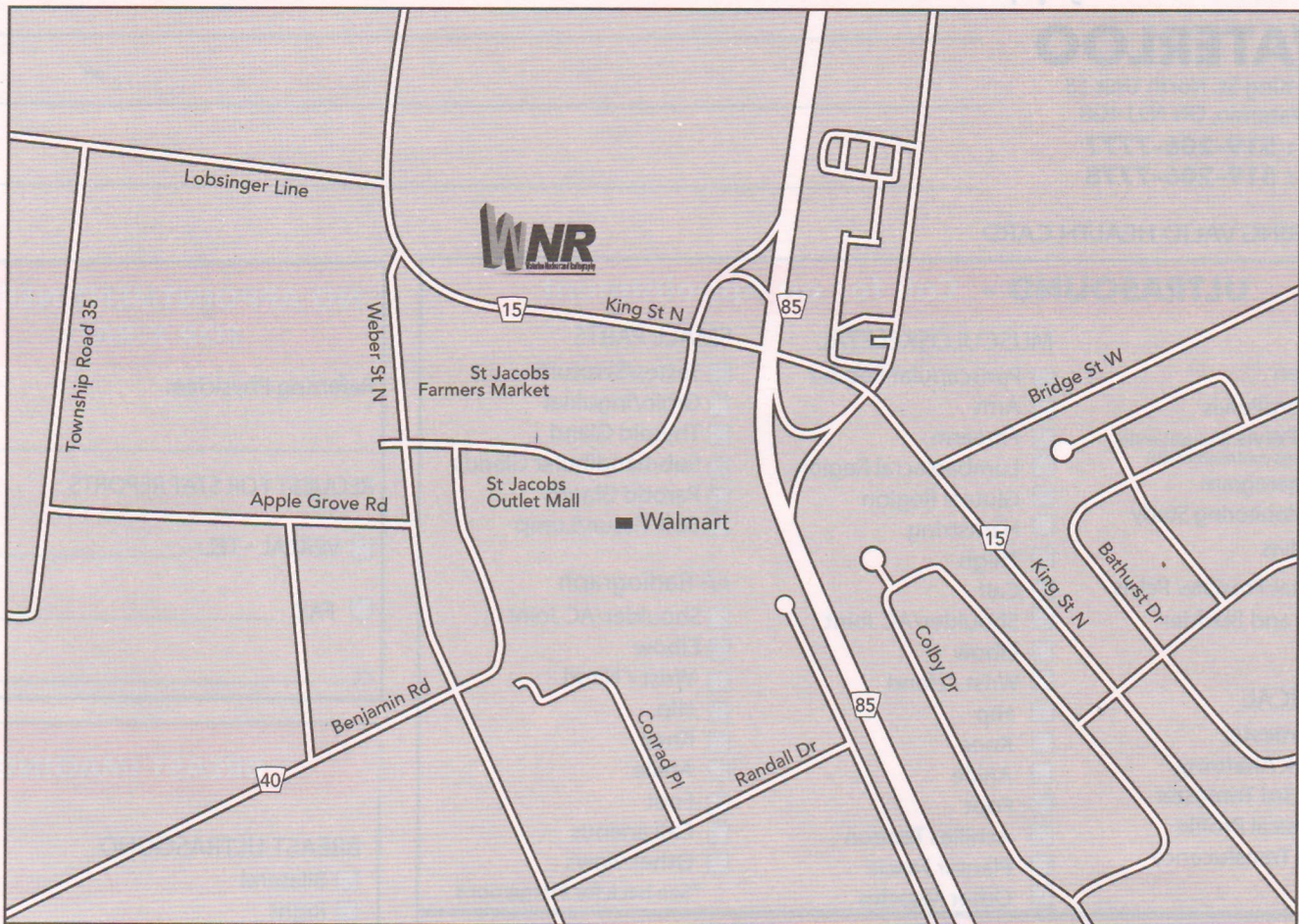


Waterloo Nuclear and Radiography 826 King St. North, Unit 18 Waterloo On N2J 4G8

Tel : 519-206-7777 Fax : 519-206-7778

Please Call Clinic for Hours of Operation

•Xray •Ultrasound •B.M.D



ULTRASOUND PREPARATION

OBSTETRICAL, PELVIC AND PROSTATE ULTRASOUND:

1. 2 Hours prior to exam empty your bladder and drink **4 FULL** 8 ounce glasses of water.
2. Finish drinking 1 hour before examination. **Do Not empty your bladder.**

ABDOMEN/PELVIC COMBINED:

1. Nothing by mouth 12 hours before the exam.
2. Empty your bladder completely and drink **4 FULL** 8 ounce glasses of water.
3. Finish drinking the water 1 hour prior to your exam. **Do Not empty your bladder.**

MALE PELVIS /TRANSRECTAL COMBINED:

1. Purchase **Fleet Enema** from pharmacy.
2. Proceed with enema 2 hours prior to exam following instructions on the package.
3. Empty your bladder completely and drink **4 FULL** 8 ounce glasses of water.
4. Finish drinking 1 hour before examination. **Do Not empty your bladder.**

ABDOMEN ULTRASOUND:

1. Nothing by mouth 12 hours prior to exam.
2. If you have essential medication that must be taken, a small amount of water is permitted.
3. For insulin dependant diabetics only
 - (i) If you are asked to miss breakfast, take 1/2 your normal does of insulin.
 - (ii) If you have to miss any other meals contact your doctor instructions.
 - (iii) Resume Your normal diet following the exam.